

# Color is Back!

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Special to Home & Design

**D**id you watch the Academy Awards, with every announcer proclaiming that "Color is Back" in fashion? Have you walked through a department store lately and noticed the colors in clothing? The hues are a dazzling contrast from the past. Often shoppers had only a few colors to choose from such as red and black or navy and beige. Now a rainbow of colors to lift your spirits is available! The large choices of soft pastels, in yellow, green, pink and blues for sweaters, dresses, jackets, pants and shoes for women are lifting spirits!

Color is sweeping through the men's department as well with burnt orange shirts, ties in the rose tones, and many other vibrant color choices. The recent auto show at the L.A. Convention Center introduced dramatic bright colors in autos for 2005 and 2006, especially with the standout auto color of metallic burnt orange.

Fashion sets the trends for Interior Design, from color selections to style. So what does this mean for Interior Design and your home? Since Interior Design colors follow the fashion trends, you can count on a lively array of colors available to you for your home in the future months. Now is just the beginning of a future trend in home design, where color is transforming furniture, fabrics and accessories. Leather in sofa and chair design is even being transformed with the return of yellow as

a prominent color!

In design we have always known that warm colors like yellows, orange and reds liven up a room, reduce depression and uplift the user. Even our hospitals are aware that to help a patient feel good and recover more quickly, the walls and architectural furnishing selections are often in colorful pastels such as yellows, pinks, greens and blues.

One documented study revealed that when a factory changed the wall colors from dark green to yellow, without ever adjusting the building temperature, the employees surveyed stated they felt the temperature of the building was warmer. Employee production and morale was documented to increase just from the introduction of warmer and brighter colors.

People love to be around people who feel good. It is a known fact that when people feel good, they are friendlier and tend to get more done! If you choose to give your home a transformation with color, you may find the added benefit is more than you expected, helping your family experience a happier and healthier life!

For more information, call (805) 523-8488, or visit [www.fengshui4balance.com](http://www.fengshui4balance.com).

